

## BOYS & GIRLS CLUBS OF THE SIOUX EMPIRE

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
|   |   | 1   | 2  | 3  |
| Menu Subject to Change  |   | CLOSED<br>HAPPY NEW YEAR!!  | Breakfast- Oatmeal<br>Pineapple Tidbits 1% Milk<br>Lunch- Beef Taco<br>Tortilla Shell Lettuce<br>Applesauce 1% Milk<br>Snack- Goldfish Crackers<br>1% Milk   | Breakfast-Corn Chex<br>Cereal Diced Peaches<br>1% Milk<br>Lunch-Chicken Pattie<br>On a Bun Baby Carrots<br>Fruit Cocktail 1% Milk<br>Snack-Ritz Crackers<br>1% Milk  |
| 6   | 7   | 8   | 9  | 10   |
| Breakfast-Kix Cereal<br>Diced Pears 1% Milk<br>Lunch- Spaghetti<br>Green Beans Fruit Cocktail<br>1% Milk<br>Snack- Sliced Cheese<br>Saltines Water  | Breakfast- Pancake<br>Diced Peaches 1% Milk<br>Lunch- Hot Dog on a Bun<br>French Fries Pineapple Tidbits<br>1% Milk<br>Snack- Giant Goldfish<br>Grahams 1% Milk   | Breakfast-Cherrios<br>Applesauce1% Milk<br>Lunch- Chicken & Brown<br>Rice Mixed Vegetables<br>Diced Pears 1% Milk<br>Snack- Cheese Its<br>1% Milk   | Breakfast- French Toast<br>Pineapple Tidbits 1% Milk<br>Lunch- Nachos<br>w/Tortilla Chips Lettuce<br>Diced Peaches 1% Milk<br>Snack- Tortilla Chips &<br>Salsa 1% Milk   | Breakfast- Life Cereal<br>Fruit Cocktail 1% Milk<br>Lunch- Hot Ham & Cheese<br>on a Bun Fresh Broccoli<br>Applesauce 1% Milk<br>Snack- Chex Mix<br>1% Milk   |
| 13  | 14  | 15  | 16   | 17   |
| Breakfast- Corn Chex<br>Cereal Diced Pears 1% Milk<br>Lunch- Chicken Taco<br>Tortilla Shell Lettuce<br>Pineapple Tidbits 1% Milk<br>Snack- Animal Crackers<br>1% Milk<br>20<br>Breakfast- Rice Chex<br>Cereal Banana1% Milk<br>Lunch- Beef Stroganoff | Breakfast- Biscuits<br>Applesauce 1% Milk<br>Lunch- Lasagna<br>Peas Diced Peaches<br>1% Milk<br>Snack- Soft Pretzel<br>w/Cheese Sauce 1% Milk<br>21<br>Breakfast- French Toast<br>Diced Peaches 1% Milk<br>Lunch- Grilled Chicken | Breakfast- Kix Cereal<br>Pineapple Tidbits 1% Milk<br>Lunch- Cheese Pizza<br>Corn Fruit Cocktail<br>1% Milk<br>Snack- Wheat Crackers<br>1% Milk<br>22<br>Breakfast- Life Cereal<br>Pineapple Tidbits 1% Milk<br>Lunch- Stuffed Mozzarella | Breakfast- Bagel<br>Diced Peaches 1% Milk<br>Lunch-Meatballs<br>Dinner Roll<br>Mashed Potatoes<br>Diced Pears 1% Milk<br>Snack- Jelly Sandwich<br>1% Milk<br>23<br>Breakfast- Waffle<br>Diced Pears 1% Milk<br>Lunch- Chicken Tender | Breakfast-Cherrios<br>Fruit Cocktail 1% Milk<br>Lunch- Turkey & Cheese<br>on a bun Diced Carrots<br>Applesauce 1% Milk<br>Snack-Goldfish Crackers<br>1 % Milk<br>24<br>Breakfast- Corn Chex<br>Cereal Applesauce 1% Milk<br>Lunch- Hot Dog |
| Corn Diced Pears 1% Milk<br>S <b>nack</b> - Tortilla Chips &<br>Salsa 1% Milk   | On a Bun Lettuce<br>Fruit Cocktail 1% Milk<br><b>Snack</b> - Graham Crackers<br>1% Milk   | Breadsticks w/Pizza Sauce<br>Diced Carrots Applesauce<br>1% Milk<br><b>Snack</b> - String Cheese<br>Saltine Crackers Water  | Green Beans<br>Diced Peaches 1% Milk<br><b>Snack</b> - Club Crackers<br>1% Milk  | on a Bun Tater Tots<br>Pineapple Tidbits 1% Milk<br><b>Snack</b> - Ritz Crackers<br>1% Milk  |
| 27<br>Breakfast- Cherrios<br>Diced Peaches 1% Milk<br>Lunch- Bean Burrito<br>Green Beans<br>Pineapple Tidbits 1% Milk<br>Snack- Mini Pretzels<br>1% Milk  | 28<br>Breakfast- French Toast<br>Sticks Fruit Cocktail<br>1% Milk<br>Lunch- Hot Ham & Cheese<br>on a Bun Corn<br>Applesauce 1% Milk<br>Snack- Chex Mix<br>1% Milk   | 29<br>Breakfast- Rice Chex<br>Cereal Pineapple Tidbits<br>1% Milk<br>Lunch- Hot Dog w/Bun<br>Fresh Broccoli<br>Diced Peaches 1% Milk<br>Snack- Giant Goldfish<br>Grahams 1% Milk  | 30<br>Breakfast- Biscuit<br>Applesauce 1% Milk<br>Lunch- Pancakes<br>w/Syrup Turkey Sausage<br>Diced Carrots<br>Fruit Cocktail 1% Milk<br>Snack- Bagel<br>1% Milk  | 31<br>Breakfast- Kix Cereal<br>Orange Slices 1% Milk<br>Lunch- BBQ on a Bun<br>French Fries Diced Pears<br>1% Milk<br>Snack- Cheese It Crackers<br>1% Milk   |