



BOYS & GIRLS CLUBS
OF THE SIOUX EMPIRE

AUGUST 2025				
Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject to Change				1 Breakfast- Corn Chex Cereal Fruit Cocktail 1% Milk Lunch- Chicken Taco Tortilla Shell Lettuce Applesauce 1% Milk Snack- Goldfish Crackers 1% Milk
4 Breakfast- Pancakes Banana 1% Milk Lunch- Turkey & Cheese on a Bun Lettuce Diced Pears 1% Milk Snack- Tortilla Chips & Salsa 1% Milk	5 Breakfast- Rice Chex Cereal Diced Peaches 1% Milk Lunch- Chicken Nuggets Baby Carrots Fruit Cocktail 1% Milk Snack- Giant Goldfish Grahams 1% Milk	6 Breakfast- Bagels Pineapple Tidbits 1% Milk Lunch- Stuffed Mozzarella Breadsticks w/Pizza Sauce Fresh Broccoli Applesauce 1% Milk Snack- String Cheese Saltine Crackers Water	7 Breakfast- Cheese Omelet Diced Pears 1% Milk Lunch- Hot Dog on a Bun Lettuce Diced Peaches 1% Milk Snack- Club Crackers 1% Milk	8 Breakfast- Cherrios Cereal Applesauce 1% Milk Lunch- Grilled Chicken on a Bun Baby Carrots Pineapple Tidbits 1% Milk Snack- Ritz Crackers 1% Milk
11 Breakfast- Waffles Banana 1% Milk Lunch- Bean Burrito Fresh Broccoli Pineapple Tidbits 1% Milk Snack- Mini Pretzels 1% Milk	12 Breakfast- Life Cereal Fruit Cocktail 1% Milk Lunch- Hot Ham & Cheese on a Bun Lettuce Applesauce 1% Milk Snack- Chex Mix 1% Milk	13 Breakfast- Toast Pineapple Tidbits 1% Milk Lunch- Cheese Quesadilla Baby Carrot Diced Peaches 1% Milk Snack- Graham Crackers 1% Milk	14 Breakfast- French Toast Applesauce 1% Milk Lunch- Fiesta Pizza Fresh Broccoli Fruit Cocktail 1% Milk Snack- Bagel 1% Milk	15 Breakfast- Corn Chex Cereal Mandarin Oranges 1% Milk Lunch- BBQ on a Bun Lettuce Diced Pears 1% Milk Snack- Cheese It Crackers 1% Milk
18 Breakfast- Biscuits Diced Peaches 1% Milk Lunch- Cheese Pizza Baby Carrots Diced Pears 1% Milk Snack- Jelly Sandwich 1% Milk	19 Breakfast- Kix Cereal Applesauce 1% Milk Lunch- Breaded Chicken Pattie Fresh Broccoli Fruit Cocktail 1% Milk Snack- Animal Crackers 1% Milk	20 Breakfast- Pancakes Mandarin Oranges 1% Milk Lunch- Beef Tacos Tortilla Shells Lettuce Pineapple Tidbits 1% Milk Snack- Ritz Crackers 1% Milk	21 Breakfast- Breakfast Burrito Fruit Cocktail 1% Milk Lunch- Chicken Quesadilla Baby Carrots Applesauce 1% Milk Snack- Goldfish Crackers 1% Milk	22 Breakfast- Rice Chex Cereal Pineapple Tidbits 1% Milk Lunch- Hamburger on a Bun Fresh Broccoli Diced Peaches 1% Milk Snack- WG Tortilla Chips & Salsa 1% Milk
25 Breakfast- French Toast Sticks Applesauce 1% Milk Lunch- Chicken Taco Tortilla Shell Lettuce Diced Pears 1% Milk Snack- Cheese It Crackers 1% Milk	26 Breakfast- Cherrios Cereal Diced Peaches 1% Milk Lunch- Stuffed Mozzarella Breadsticks w/pizza sauce Green Beans Pineapple Tidbits 1% Milk Snack- Tiger Bites 1% Milk	27 Breakfast- Oatmeal Fruit Cocktail 1% Milk Lunch- Chicken Nuggets Fresh Broccoli Diced Peaches 1% Milk Snack- Cheese Slices Saltines Water	28 Breakfast- Life Cereal Diced Pears 1% Milk Lunch- Turkey Corndogs Lettuce Applesauce 1% Milk Snack- WG Bagel 1% Milk	29 CLOSED